



**PERIYAR
MANIAMMAI**
INSTITUTE OF SCIENCE & TECHNOLOGY
(Deemed to be University)
Established Under Sec. 3 of UGC Act, 1956 • NAAC Accredited

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PROGRAMME REPORT ON

Protect Yourself: Awareness about Safe and Unsafe Touch- Extension Activity

Resource Person

Dr. V. Sukumaran

Organized by

COM- PMIST



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PROGRAMME REPORT

**Extension Activity
On
“Protect yourself: Awareness about Safe and Unsafe Touch”**

**Resource Person
Dr. V. Sukumaran**

Organized by

**DEPARTMENT OF COMMERCE
PMIST**

Department of Commerce

Periyar Nagar, Vallam Thanjavur - 613 403, Tamil Nadu, India.

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Extension Activity On “Protect yourself: Awareness about Safe and Unsafe Touch”

Resource Person Details

Dr.V.Sukumaran

Date: 25.09.2024

Time: 10.00 am to 1.00 pm


Venue: Manaiyeripatti, Government School

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OBJECTIVES OF THE PROGRAMME:

1. To educate individuals, especially children, about the difference between safe and unsafe touch.
2. To empower them with the knowledge and confidence to protect themselves from inappropriate behavior.
3. To create awareness about personal boundaries and the importance of consent.
4. To equip participants with strategies to respond to unsafe situations and seek help when needed.
5. To foster a safe and supportive environment where individuals feel comfortable discussing their concerns.

Brochure:



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**FACULTY OF COMMERCE
EXTENSION ACTIVITY**

**PROTECT YOURSELF:
AWARENESS ABOUT
SAFE AND UNSAFE
TOUCH**

T-B.COM(CA)
25.09.2024
WEDNESDAY

**CONVENOR
DR.S.SUBENDIRAN
HEAD&ASSISTANT
PROFESSOR(SG)**

**CO-ORDINATORS
MS.B.GOWRI
DR.N.KANIMOZHI(SS)
MR.U.AYYANAR**



Event Report on “An Impact of AI in Digital Finance”

Department of Commerce, PMIST Conducted a Meeting for Manaiyeripatti, Government School Students on 25/09/2024 at 10:00 AM to 1.00 PM with I B.COM (CA) (SHIFT.I). Ms.B.Gowri, Assistant Professor, Department of Commerce, PMIST Deliver a key note address initiated the meeting and discussed with the govt. school students on “Protect Yourself :Awareness about Safe and Unsafe Touch”.

The students of PMIST had undertaken the extension activity and gave the school students an extraordinary awareness about the important information that they need in their life. Each student from PMIST had prepared a chart.

The following students of PMIST had started their session:

A student from the I B.Com (CA) Ms.Rehana Banu had talked about the definition and the meaning of Good and Bad touch. She gave awareness that there are many things which affect the lifestyle of the people on the earth. In such a way there are also things which will create an impact on the people's structure. From these things it is important to prevent ourselves from the ways which affect us. She also explains about how to prevent and conserve us from the bad touch and gave some of the tips to safeguard us from bad touch. We should not allow anyone to touch us in the body parts like chest, if they touch your body parts without your permission you should definitely convey it to your parents or to the elders without any hesitation. We should ensure that doctors are giving a check-up only in front of the parents or else we should obstruct the doctor from giving the check-up.

Ms. Maha Sri I B.Com (CA) had given a thoughtful lesson about the ways how the strangers harass the children and also which scares the children in the world. She explains about the ways in which harassment occurs. First the strangers of harassing the children socially, talking about you and by giving wrong information or unnecessary gossip about yourself to others. Next they harass you through cyber means that they will send inappropriate messages, calls, videos and also some of the messages about yourself which are not in a good way and send them to others or post them to social media.

Mr.K.Shalman Pashin I B.Com (CA) gave awareness on cleanliness that we should put the wastes only into the dustbin and not throw them on the road or in the classroom. Then he reminds the students to be strong at any situation and the children always to give respect to the teachers and to the elders. He asks the teachers to teach the students about sports and ensure them to participate in the competition. He also asks the students to participate in every competition and make their parents to be proud of them and the students have to show more interests in sports and also make their nation to be proud. He encourages the students by giving them awareness about sports, cleanliness.

Finally, Dr.N.Kanimozhi, Assistant Professor (SS), Department of Commerce, PMIST delivered the Vote of Thanks and Dr.V.Sukumaran, Professor of Bio-technology, PMIST distribute the Stationery items as a small gift and appreciation for the school students.

Event Photos:



I B.Com (CA) students actively participated in the Extension Activity



I B.Com (CA) student Ms.Rehana Banu had given Awareness on Good Touch and Bad Touch.

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PARTICIPANTS LIST:

CLASS : I B.COM CA S-1 Date : 25.09.2024 Venue : Mannaycripatti

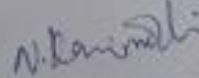
S.NO	REG.NO	NAME OF THE STUDENTS
1.	124012171185	AASHIK AHAMED V
2.	124012171186	ABISHEK V
3.	124012171187	ADALF
4.	124011171188	AFRIN FATHIMA S
5.	124012171189	AHAMED FAJJEEN A
6.	124011171190	ANISHA NIHAR S
7.	124011171191	ARCHANA M
8.	124011171192	ASMIYA SAHEEN M
9.	124011171193	BHUVANESHWARI R
10.	124011171194	DIVYADHARSHINI A
11.	124012171195	FAHEEM Z
12.	124012171196	GURU PRAGATHEESH B
13.	124012171197	HARIHARAN M
14.	124011171198	HARINI A S
15.	124012171199	HARISH K
16.	124011171200	HARISHA DILFAR H
17.	124012171201	HARRISH R S
18.	124012171202	IMRAN KHAN I
19.	124011171203	JAQULINE RANI D

20.	124012171204	JAYAVIGNESH S
21.	124012171205	KADHAR BATCHA M
22.	124012171206	KARAN RAJ S
23.	124011171207	KEERTHANA S
24.	124011171208	LAVANYA L
25.	124011171209	MAHAA SRI U K
26.	124011171211	MAHMUDHA JASMINE K
27.	124012171212	MARIA VICTOR L
28.	124011171213	MATHIYOLI P
29.	124011171214	MAYURI P
30.	124012171215	MOHAMED ABDULLA N
31.	124012171216	MOHAMED AFRATH S
32.	124012171217	MOHAMED ASHIK M
33.	124012171218	MOHAMED ATHIL A
34.	124012171219	MOHAMED FASIL M
35.	124012171220	MOHAMED HANIFA M
36.	124012171221	MOHAMED IRFAN M
37.	124012171222	MOHAMED SHADIQ BATCHA A
38.	124012171223	NIVESH J
39.	124012171224	PARTHASARATHI
40.	124011171225	REHANA BANU I
41.	124012171226	SAAJID S
42.	124011171227	SALIHA SAMEEM U
43.	124012171228	SHALMAN PASHIN K

44.	124012171229	SANJAY R
45.	124011171230	SANOFAR M
46.	124012171231	SANTHOSH K
47.	124012171232	SANTHOSH KUMAR M
48.	124012171233	SANTHOSH S
49.	124012171234	SANTHOSH KUMAR K
50.	124011171235	SATHYA LAKSHMI P
51.	124012171236	SENTHIL NATHAN A
52.	124011171237	SINTHANA S
53.	124011171238	SWATHI S
54.	124012171239	SYED AHMED K M
55.	124012171240	SYED SHAHID HUSSAIN S F
56.	124012171241	THARUN K
57.	124011171242	THIVAKAR K
58.	124011171243	THOWFIKA RASHITHA M
59.	124012171244	UGESHWARAN K
60.	124012171245	VARANKUMAR G
61.	124011171246	VINOTHINI R
62.	124012171247	VISHWA S


CO-ORDINATOR

Ms.B.Gowri


CO-ORDINATOR

Dr.N.Kanimozhi


HOD

HEAD
Department of Commerce,
Paiyya Mariamma Institute of Science & Technology,
(Deemed to be University)
Tamil Nadu.

OUTCOME OF THE PROGRAMME

To generate the program outcomes based on the event based on the “Protect yourself: awareness about safe and unsafe touch session.

1. Increased Awareness:

Students gained a clear understanding of the differences between safe and unsafe touch.

They are now able to identify and differentiate appropriate physical boundaries.

2. Empowerment and Confidence:

Students feel more confident about expressing discomfort in situations involving physical interactions.

They learned how to communicate and seek help when encountering inappropriate behavior.

3. Improved Knowledge on Reporting Mechanisms:

Students were informed about how and where to report any instances of unsafe touch.

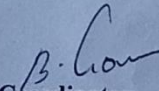
The program introduced them to support systems available in school or local authorities.

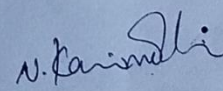
4. Critical Thinking and Decision-Making:

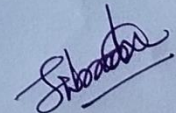
Students have developed decision-making skills to assess situations involving personal boundaries. They can now make informed decisions in situations involving potential threats to their safety.

5. Peer Education and Leadership:

Some students demonstrated leadership by sharing their knowledge with peers, thus promoting a safer and more informed community.


Coordinator
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