



**PERIYAR
MANIAMMAI**
INSTITUTE OF SCIENCE & TECHNOLOGY
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PROGRAMME REPORT ON

EmpowerHER: Understanding, Supporting, and Protecting Women-EmpowerHER: Understanding, Supporting, and Protecting Women

Resource Person

**1. Adv. Sarala Asokan, Para Legal Practitioner and Chairperson,
Women & Child Justice Council, Thanjavur. 2. Mrs. T. Sripriya,
Inspector of Police, Anti-Child Trafficking Unit, Thanjavur. 3. Mrs.
M. Abirami, Independent Counsellor and Psychiatric Social Worker,
Kumbakonam.**

Organized by

CHEMISTRY- PMIST

Workshop Report: "EmpowerHER: Understanding, Supporting, and Protecting Women"

REPORT

The Department of National Cadet Corps (NCC), in collaboration with Centre for Energy and Environment organized work shop on World of Women "EmpowerHER: Understanding, Supporting and Protecting Women".

1. **Adv. Sarala Asokan**, Para Legal Practitioner and Chairperson, Women & Child Justice Council, Thanjavur. She delivered a lecture about stop violence against women related helplines of the following:

- Women's Helpline - 181
- Cyber Crime Report- 1930 www.cybercrime.gov.in,
- Internal Complaint Committee /Local Complaint Committee
- Social Welfare Officer
- Protection Officer Legal Aid – 15100
- National Commission for Women-TN
- Local Bodies: Local Champions - NGOs and police station

2. **Mrs. T. Sripriya**, Inspector of Police from the Anti-Child Trafficking Unit, Thanjavur, delivered an engaging lecture on labor trafficking, sex trafficking, and missing children. She interacted enthusiastically with the students, sharing her extensive expertise and inspiring them with her courageous insights.

3. **Mrs. M. Abirami**, an Independent Counselor and Psychiatric Social Worker from Kumbakonam, delivered an insightful lecture on "Women Psychology," addressing mental health challenges and strategies for building resilience among women.

This workshop provided a valuable session on violence prevention and support mechanisms, featuring expert discussions on legal and psychological assistance for women. It also offered participants opportunities to network with legal and counseling professionals. Overall, the workshop marked a significant step toward empowering women and raising awareness about key issues impacting their safety and well-being.

Summary of the workshop Schedule

Welcome Address: A.Subhasri, Ap/Chemistry

Guest Lecture: 1. Adv. Sarala Asokan, Para Legal Practitioner and Chairperson, Women & Child Justice Council, Thanjavur.

2. Mrs. T. Sripriya, Inspector of Police, Anti-Child Trafficking Unit, Thanjavur.

3. Mrs. M. Abirami, Independent Counsellor and Psychiatric Social Worker, Kumbakonam.

Vote of Thanks: Bavithra II M.Sc., Chemistry

Date: November 19, 2024

Time: 9:30 AM to 12:30 PM IST

Venue: Freud Hall, PMIST

Organised Department: National Cadet Corps (NCC) & Centre for Energy and Environment

Convenor: Capt. Dr. P. Vijayalakshmi, FSH/ Dean

Coordinators: Dr. A. Subhasri, Ap/Chemistry

PERIYAR MANIAMMAI INSTITUTE OF SCIENCE & TECHNOLOGY
NATIONAL CADET CORPS
CENTRE FOR ENERGY AND ENVIRONMENT
Jointly Organizes a workshop

WORLD OF WOMEN

"EmpowerHER: Understanding, Supporting, and Protecting Women"

Adv. Sarala Asokan Para Legal Practitioner Chair Person, Women & Child Justice Council, Thanjavur Violence against Women : Domestic, Public, Workplace and Cyber World	Mrs. T. Sripriya Inspector of Police Child and Women Trafficking, Thanjavur Introduction to Crime Against Women Cell	Mrs. M. Abirami Freelance Counsellor & Psychiatric Social Worker, Kumbakonam Women Psychology
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Convenor : Capt. Dr. P. Vijayalakshmi
Coordinators : Dr. A. Subhasri

Venue : Freud Hall, PMIST
Date & Time : 19.11.2024 & 09.30 - 12.30 IST

PERIYAR MANIAMMAI INSTITUTE OF SCIENCE & TECHNOLOGY
NATIONAL CADET CORPS
CENTRE FOR ENERGY AND ENVIRONMENT
Jointly Organizes a workshop

WORLD OF WOMEN

"EmpowerHER: Understanding, Supporting, and Protecting Women"

PROGRAMME SCHEDULE

Venue : Freud Hall, PMIST

INVOCATION	
09.30 IST	Welcome Address Dr A Subhasri
09.45 IST	Guest Address Adv. Sarala Asokan Para Legal Practitioner Chair Person, Women & Child Justice Council, Thanjavur Violence against Women : Domestic, Public, Workplace and Cyber World
11.00 IST	Guest Address Mrs. T. Sripriya Inspector of Police Child and Women Trafficking, Thanjavur Introduction to Crime Against Women Cell
12.00 IST	Guest Address Mrs. M. Abirami Freelance Counsellor & Psychiatric Social Worker, Kumbakonam Women Psychology
12.45 IST	Vote of Thanks Dr P Vijayalakshmi

Convenor Capt. Dr. P. Vijayalakshmi Associate NCC officer of PMIST 4(TN) Girls BN NCC Tiruchirapalli	Coordinator Dr. A. Subhasri Assistant Professor Department of Chemistry PMIST
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"EmpowerHER: Understanding, Supporting and Protecting Women"

Venue: Freud Hall, TB II, PMIST

Date and Time: 19.11.2024, 9.30 - 12.30 IST

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Feed Back Form

Programme Name: "EmpowerHER: Understanding, Supporting and Protecting Women"

Programme Date: 19.11.24

Name of the Participant: K. DHARSHANA

Designation/ (Year / Branch): MBA - I

Feed Back:-

This session is very useful for
Women Safety and Security

K. Dharshana
Signature With Name



Feed Back Form

Programme Name: "EmpowerHER: Understanding, Supporting and Protecting Women"

Programme Date: 19.11.24

Name of the Participant: S. MOHANA DURGA

Designation/ (Year / Branch): MBA - I

Feed Back:-

Awareness session about Women
Safety.

Mohanadurga
Signature With Name

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Feed Back Form

Programme Name: "EmpowerHER: Understanding, Supporting and Protecting Women"

Programme Date: 19.11.24

Name of the Participant: *N. Surzeeth Nisha*

Designation (Year Branch): *BCA / III / CA*

Feed Back:-

It help to how to survive in the world. Ham explain very well. It gives us a power and safety purpose are explained by well. Thank you for conduct this program.

Signature With Name

N. Surzeeth Nisha
(Surzeeth Nisha)

National Cadet Corps (NCC) & Centre for Energy and Environment (CEE)
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Feed Back Form

Programme Name: "EmpowerHER: Understanding, Supporting and Protecting Women"

Programme Date: 19.11.24

Name of the Participant: *R. Kiruthika*

Designation (Year Branch): *BCA / III / CA*

Feed Back:-

Encouraging women, create awareness to women in violences.

R. Kiruthika
(Kiruthika)
Signature With Name



Feed Back Form

Programme Name: "EmpowerHER: Understanding, Supporting and Protecting Women"

Programme Date: 19.11.24

Name of the Participant: Vipina Vijayan

Designation/ (Year / Branch): IInd - MSW (social work)

Feed Back:-

The session was very informative.

Thank you for the session

Signature With Name

Vipina Vijayan



Feed Back Form

Programme Name: "EmpowerHER: Understanding, Supporting and Protecting Women"

Programme Date: 19.11.24

Name of the Participant: VAISHNAVI.T

Designation/ (Year / Branch): 1st - MSW (SOCIAL WORK)

Feed Back:-

The session was very interesting and well known about
Violence for women.

Thank you for the session

Signature With Name

Vaishnavi.T

