


FACULTY PROFILE

Name	:	Dr. Dr.D.RAMESH	
Designation	:	HOD/PHYSICAL EDUCATION	
Department	:	PHYSICAL EDUCATION	
Educational Qualifications	:	B.Sc., B.P.Ed., M.A(YOGA)., M.P.Ed., M. Phil., Ph. D.	
Area of Specializations	:	ATHLETICS, BADMINTON, KABADDI & BASKETBALL	
Publications	:	<p>1.“Survey of PURA Village’s Recreational Activities”, National Conference on Role of Sports Sciences and Technology in Enhancing Sports Performance, Bharathidasan University, Trichy, March 2009.</p> <p>2.“Development of Sports and Games in India: Issues and Challenges” UGC sponsored two day National level Seminar on Development of Sports in Rural Areas: Issues and Challenges, Gobi Arts and Science Colege, Erode, December 2011</p> <p>3.“Sports and Games Unites People’s in PURA Villages against Caste and Religion” National Seminar on Issues and Challenges in Physical Education, Selvam College of Physical Education, Namakkal, February 2012.</p> <p>4.“Sports and Recreational Activities for Periyar PURA Village People” in the UGC sponsored “National Seminar on Modern Trends in Sports Management” organized by Ayya Nadar JAnaki Ammal College, Sivakasi, March 2012.</p> <p>5.“Sports and Games Unites People are in PURA Villages against Caste” The PMU Journal of Humanities and Sciences, Vol.3, No.1, Jan-Jun. 2012, pp. 61-73.</p> <p>6.“Effect of Complex Training on Selected Physiological Variables of Men Sports Participation” The PMU Journal of Humanities and Sciences, Vol.3, No.2, Jul-Dec. 2012, pp. 101-108.</p> <p>7.“A Study on Sports and recreational activities of Periyar PURA Village Children and their impact on character” The International Journal of Chemical and Pharmaceutical Research-2014, 6(12), pp.625-634.</p> <p>8. “A Study of Sports and Recreational Activities of Pura Village People and their Attitude towards these Activities”</p>	

		<i>International Journal of Resent Research and Applied Studies, ISSN: Volume 1, Issue 7(22) 2349-4891. 2014.</i>
Proposal Submitted	;	<p>1.Proposal Submitted by Department Of Science and Technology (Science and Technology of Yoga and Meditation), Project Title- Evaluation of effect of Yoga on Serum Adiponectin, and Leptin in Obese young Adults - A Randomized Controlled Trial, Total cost - Rs.35,68,400.</p> <p>2.Proposal Submitted by Department Of Science and Technology (Science and Technology of Yoga and Meditation), Project Title- “A New Perspective Role of Yoga on CREB Expression in Type 2 Diabetes Mellitus Through a Randomized Control Trail”, Total cost - Rs.50,23,290.</p>
Individual Sports and Games Achievements:	:	<p>1.All India University representation in Atheletics 100 mts held at Gwalior (1999 – 2000)</p> <p>2.Junior National representation two times in Atheletics Pole Vault (1999 – 98, 99 – 2000) held at Pandichery and Bangalore.</p> <p>3.Tamilnadu State under 20 medalists in Pole Vault (1998 – 1999).</p> <p>4.Tamilnadu State under 22 medalists in Pole Vault (1999 – 2000).</p> <p>5.Tamilnadu State Inter Physical Educational Athletic Meet Individual Championship 100 mts, Long Jump, Pole Vault (1998 – 1999).</p> <p>6.Bharathiyar University medalist in 100 mts, Long Jump, Triple Jump, Pole vault.</p> <p>7.Bharathidasan University medalist in Pole Vault, Long Jump, Triple Jump.</p> <p>8.A.V.V.M Sri Pushpam College meet Individual Championship</p> <p>9.Tamilnadu Inter University medal winner.</p> <p>10.Tamilnadu Special coaching camp-2000-2001 (Atheletics) 100mts, Long Jump.</p> <p>School Achievements:</p> <p>1.Tamilnadu State representation in Atheletics.</p> <p>2.Zone level, District level, Divisional level Athletic meet</p>

		<p>medallist.</p> <p>3.St.Antony's Hr.Sec.School Athletic meet individual Championship.</p> <p>4. Divisional coaching camp in Athletics, Long Jump, Triple Jump and Pole Vault.</p>
<p>Special Achievements:</p>	<p>:</p>	<ul style="list-style-type: none"> • State referee in Athletics • State referee in Basket ball • State referee in Handball • State referee in Kabaddi • National seminar on adopted physical education • State seminar on cricket, Hockey • State seminar on Volley ball, Basketball Foot ball • Thanjavur District team coach in Basketball (7 times)
<p>Working Experience:</p>	<p>:</p>	<p>1.Worked as an Assistant Coach and Instructor (Athletics) in Sports Development Authority of Tamilnadu, Coimbatore, Sports School, and Combathore in the year 2001-2002.</p> <p>2.Worked as a Physical Director And Coach (Football, Volleyball, Badminton and Athletics) in Sri Ramakrishna Mission Vidhyalaya Polytechnic and I.T.I in the year 2001-2002.</p> <p>3.Worked as a Physical Director and Coach (Athletics) in Perks Matriculation Higher Secondary School, Coimbatore in the year 2002-2003.</p> <p>3.Worked as a Physical Director and coach (Basketball, Athletics), In Kamala Subramaniam Matriculation Higher Secondary School, Thanjavur in the year 2003 – 2008.</p> <p>4.Working as a HOD of Physical Education in Periyar Maniammai University, Vallam, Thanjavur since 2008.</p>
<p>Workshops Attended</p>	<p>:</p>	<p>1.National Workshop on Athletics”, organized by Selvam College of Physical Education, Namakkal on 5th February 2011.</p> <p>2.“Refresher Course in Physical Education”, UGC sponsored Refresher Course in Physical Education (4/162) organized by</p>

	<p>Bharathidasan University, Trichy from 10.05.2012 to 30.05.2012.</p> <p>3.“National Workshop on Athletics”, organized by Alagappa University, Karaikudi on 8th & 9th January 2014.</p> <p>4.“State Level Workshop in Hockey and Umpire Examination”, organized by Alagappa University, Karaikudi, on 11 & 12 March 2017.</p>
<p>Working in the School Achievements:</p>	<ol style="list-style-type: none"> 1.State level in football team representation ITI students. 2.State level in Athletic medalist Polytechnic Students. 3.State level in Athletic medalist ITI students. 4.District level in Ball Badminton, Football, Athletics winners of the Polytechnic and ITI students. 5.District level all the game participation in polytechnic students. 6.Junior National Medalist in Athletic in Perks MHHS student. 7.State level medalist in Athletics in perks MHSS student. 8.State level medalist in shuttle badminton, football, basketball in Perks MHSS student. 9.National level medalist in tennis. 10. State level medalist in basketball in Kamala Subramaniam MHSS, Thanjavur
<p>Office Contact Details</p>	<p>:</p> <p>Department of Physical Education, Periyar Maniammai Institute of Science & Technology (Deemed to be University), Vallam, Thanjavur – 613 403.</p>