



WOMEN'S DAY CELEBRATION

Institution's Innovation Council & Department of Architecture Jointly organizes a Lecture on

STRESS MANAGEMENT **POSITIVE LIVING**



11-03-2024



L) 3.00 PM - 4.00 PM



LE CORBUSIER HALL DEPT. OF ARCHITECTURE

GUEST SPEAKER



JOAN.J

Experienced Consultant/Trainer/Researcher with 4+ years in top B-Schools teaching HR/OB, Research Scholar at NIT-T, and 5+ years in corporate HRM across various sectors. Certified in Counselling Psychotherapy with expertise in psychometric assessments and tools.

Convenor Ar.V.S.Kavitha Dean ic, FAP

Co-Convenor Ar.K.Jasmine Vidhva HOD/ Arch

Co-Ordinator Ar.S.Suganthi Assistant Professor (SG)